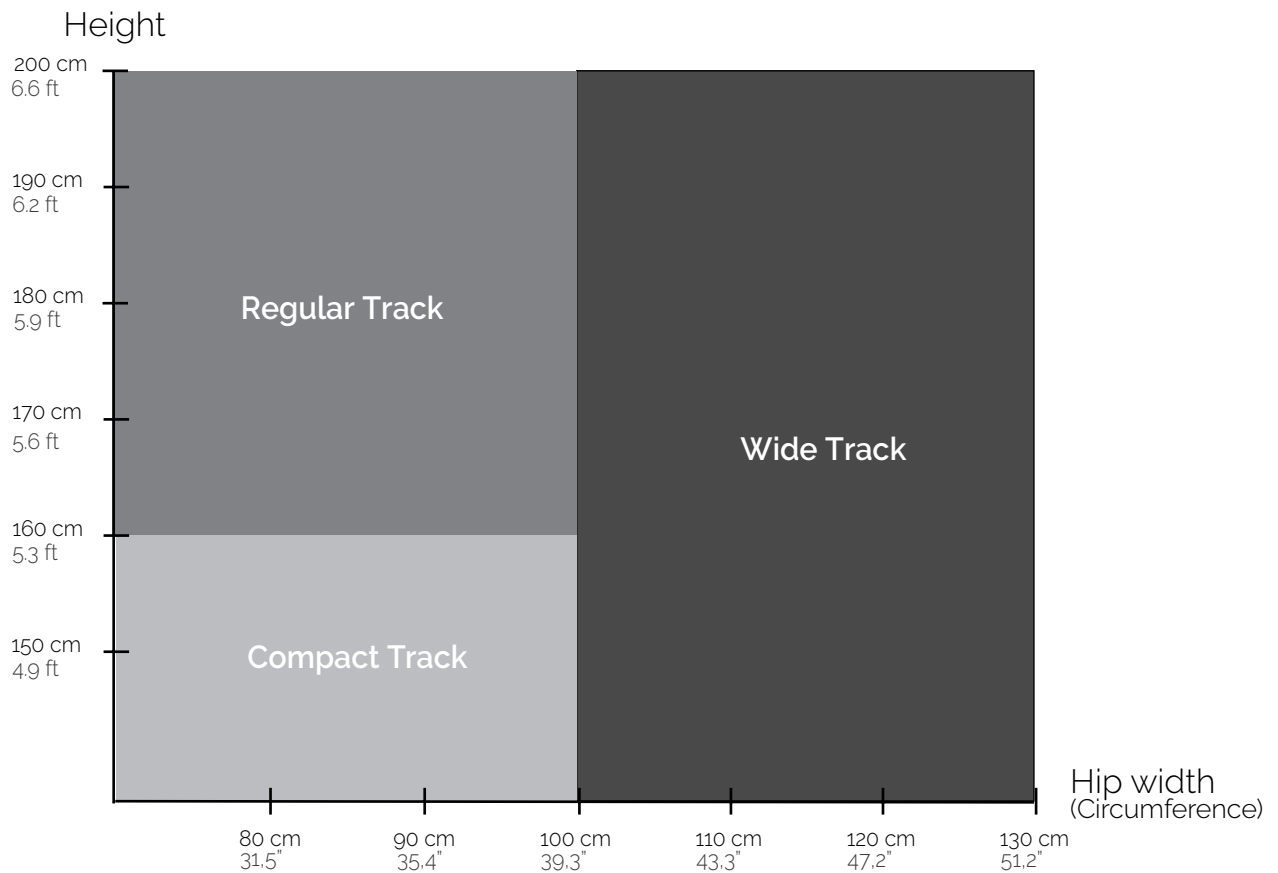


This is a guide to help you decide which one of our three tracks would be your best fit. Use the size guide below to measure and compare with your body type, then read the other points to consider before you make your choice.



**Note:** Max weight is 130 kg (285 lbs). The handle height for all three models is 79 - 91 cm (31.1" - 35.8"), with possibility to extend handles upon request to 97 cm (38.2"). If your measurement from floor to wrist is not within this range, this rollator is not likely to be a good fit.

Max weight for a rollator with extended handles is 110 kg (242.5 lbs).

## Other things to consider:

### Seat height

The main difference between the Compact- and the Regular Track is the seat height. The higher the seat, the easier it is to get in and out of the seat.

### Body shape and flexibility

The ergonomic design of the handles means that they are narrower at the top. This further means that even though the seat width shows a fit, you might need to do a bit of "salsa" around the handles to get into the seat. If you do not feel comfortable or flexible enough to do so, we recommend to choose a wider model.

### Use of seat

How much you tend to use the seat matters for your choice of model. If you rely on the seat for frequent rests, a wider seat will be a more comfortable option. If you won't be sitting a lot and you are fine with doing a bit of "salsa" when getting in and out of the seat, then a slimmer model would be a good match.

### Indoor vs outdoor use

If you plan on using your rollator mostly inside, with chair nearby and narrow walk-ways, a slimmer model is advisable, since it takes up less space and have a bigger marginal to fit through doors etc.